



Prayer Focus
November 13th-19th, 2023 by Christianna Schreifels

Take rest and choose joy in the changes

The rapid changes that have occurred in our society are bringing a mighty wind of change to the body of Christ. We know the false is being exposed and the righteous are taking their rightful place in society. The sons and daughters of God are being revealed. We aren't surprised or daunted because we know the Word and we have been prepared. However, the change is taxing and can drain us. This week as I prepared to write this, all I kept hearing was- find rest in Me and choose joy.

These choices- to find rest in God and to choose joy, are also weapons against the warfare that rages against us- whether we see it or not. These past few weeks I am reminded that the prayers we pray and the declarations Holy Spirit leads us to make into the atmosphere, go on forever. We will remain vigilant and also choose to intercede for our families, each other and ourselves, so we do not grow weary when it comes to the appointed times we are to war for the things the Lord is showing us to war for. We are learning to rely, moment to moment, on the Lord.

Prayer points-

- 1.) We pray according to what the Holy Spirit is asking us to pray.
- 2.) To be in step after the Lord. I see Him right in front of each of us and when He walks, we walk, when He sits, we sit, when He runs, we run, when He wields His sword, we do the same. Yes, Lord!
- 3.) The Lord is addressing our health and our daily habits so we optimize our time and our bodies for now and the near future. We are being prepared to step outside of the 4 walls and into the world to preach the Gospel more and more and are becoming more courageous and strengthened daily by the Holy Spirit.
- 4.) Putting to action what each of us are being directed to.

Scriptures-

Isaiah 60:22 When the time is right, I, the Lord, will make it happen. strength and my song; he also is my salvation.

Isaiah 12:2 Behold, God is my salvation; I will trust, and not be afraid: for the LORD JEHOVAH is my

Isaiah 26:3 You will keep him in perfect peace, whose mind is stayed on you: because he trusts in you.

Galatians 5:25 If we [claim to] live by the [Holy] Spirit, we must also walk by the Spirit [with personal integrity, godly character, and moral courage—our conduct empowered by the Holy Spirit].

Matthew 11:28-30“Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light.”

John 15:11 These things have I spoken unto you, that my joy might remain in you, and that your joy might be full.

Proverbs 10:28 The hope of the righteous brings joy, but the expectation of the wicked will perish.

Song:

[My soul finds rest \(Psalm 62\) Stuart Townend](#)