



**Prayer Focus by Christianna Schreifels**  
**Feb. 12-18<sup>th</sup>, 2024**  
**We are being prepared to run unencumbered.**

All day as I asked the Lord what He wanted us to pray for I felt strongly the message is to pray for ourselves as we continue to stand for our state & our regions.

There are things that the Holy Spirit is asking to be rid of even tangible items that need to be gone through and given away or sold. The Lord is also asking us to rid of mindsets that we have individually struggled and battled with that need to be forsaken so we can have the mind of Christ in order to go onto the next place He has for us. It isn't a physical place but it may be.

There are even relationships that have caused us to repeatedly stumble, and the Lord is asking us to stop going around that mulberry bush, so to speak. Why? Because they need healing, or we may. The appeasing of man is not something that we can do. I've done it and had to let go of my parents and their expectations of me as their daughter. I realized I was more fearful of them than of the Lord and I repented.

Sometimes we may not be growing the best way we can grow, being around certain people and we may be hindering the Holy Spirit in ourselves and them. It was a bold step of faith but the fruit has been amazing for my family and for them individually. What I sensed is in releasing ourselves from that which may be encumbering our focus, time and money- we are being set up for the specific assignments Holy Spirit is asking us to do.

The Holy Spirit is promoting His people in this season in their work, careers, jobs, ministries, and a lot of what may encumber us is because we hang on to things, places, habits, mindsets, regions and people longer because of false comfort zones than we should. I know I do. I just want to encourage one another-do as the Lord leads you. We are being prepared to release our comfort zones **to run the race unencumbered**. His grace is sufficient for us.

### **Prayer points:**

- 1.) Pray for that we may be strengthened in our innermost being.
- 2.) What is it the Holy Spirit is asking me to let go of?
- 3.) Pray for wisdom, grace & strength & timing to do so.
- 4.) Continue to pray for our state according to what the Holy Spirit is asking.

### **Scriptures:**

**Hebrews 12:1-3** “Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith.”

**Ephesians 3:16-19** “May He grant you out of the riches of His glory, to be strengthened and spiritually energized with power through His Spirit in your inner self, [indwelling your innermost being and personality], so that Christ may dwell in your hearts through your faith.”

**2 Corinthians 12:9** “And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.”

### **Song:**

[Phil Wickham - This Is Amazing Grace \(Official Music Video\)](#)